Necrotizing Fasciitis

Bacterial infection of subcutaneous tissue that spreads rapidly through the fascial planes causing extensive tissue destruction



Clinical Presentation

Step 1:

- erythema
- swelling
- warmth
- tenderness beyond erythema

Step 2:

- bullae
- blisters
- fluctuance

Step 3:

- hemorrhagic bullae
- crepitus
- necrosi
- gangrene

KEY FINDING

pain out of proportion to exam

Late stage dx can cause sepsis, toxic shock, and multiorgan failure

Evaluation/Diagnosis

1. Clinical suspicion*



2. Radiology (+/- gas)



3. LRINEC Score >6
PPV 92%
NPV 96%



Factors of LRINEC score		Points
CRP (mg/l)	<150	0
	≥150	4
Leucocytes (×10°/l)	<15	0
	15-25	1
	>25	2
Hemoglobin (g/dl)	>13.5	0
	11-13.5	1
	<11	2
Sodium (mmol/l)	≥135	0
	<135	2
Creatinine (mmol/l)	≤141	0
	>141	2
Glucose (mmol/l)	≤10	0
	>10	1

If there is high suspicion based on history and physical exam, do NOT calculate a LRINEC score

Management

Surgical debridement
Broad spectrum IV antibiotics
Supportive care





